

Terms and Conditions

'WIN 2 nights stay in London when you Refer and Friend'

Promotion Length: 1st January 2020 – 31st March 2020

1.1 'Refer a Friend'

Valid only at 7 Health & Fitness Dundee (DoubleTree by Hilton Dundee) during the promotion length. If your 'Refer a Friend' joins on any of our memberships you and your friend will automatically be entered in to the prize draw to Win a 2-night stay at **The Trafalgar St. James Curio Collection by Hilton London**.

1.2 Memberships

Sign up a friend on an annual or monthly membership during the promotion period of 1st January 2020 – 31st March 2020 – available at 7 Health and Fitness Dundee only.

1.3 Win A 2 Night Stay in London

All competition entrants must be a minimum 18 years old.

Prize is a 2-night hotel stay for 2 people including Breakfast at **The Trafalgar St. James Curio Collection by Hilton London** and dates are subject to availability. No flights or transport are included in this promotion, it is a hotel stay only.

Prize worth is approximately £1000.00 and will be provided as a voucher for you to redeem directly with the hotel.

Hotel stay voucher will be valid for use up until the 31st March 2021 after which date the voucher will no longer be valid for redemption.

Entry into the Prize Draw will be made for each **New Member** and the **Existing Member** who made the referral for those who join between 1st January 2020 and 31st March 2020 on an Annual or Monthly Membership.

Winner will be drawn at random on live stream on Facebook on April 1st, 2020 and will be notified by email by April 1st 2020.

To claim the prize, the Winner must agree that 7 Health and Fitness Dundee and DoubleTree by Hilton Dundee can share a photo of them in the monthly 7 Health & Fitness Dundee and Hotel e-newsletter and on 7 Health & Fitness and hotel social channels.

Employees and Suppliers of 7 Health & Fitness and Hotel cannot be entered into the Draw.

The above offers may be withdrawn at 7 Health & Fitness Management's sole discretion, without notice, and at any time.